

Women & Wellness Expo



Exuberance, Nurturance and Each Other, Keys to Resilience and Renewal

Saturday May 2nd, 2015

10:00am – 2:00pm

George Street United Church

534 George Street N, Peterborough, ON

Free Admission!

Visit the Centre-square market area: where various practitioners will offer **FREE** services or consultations and sell products to uplift and rejuvenate such as:

- Therapeutic Touch
- Reiki
- Full Spectrum Intuitive Healing
- Psychic Readings
- Fabulous Face Painting
- Hot Iron Hair Styling
- Crystal Healing Assessments
- Aromatherapy Consults
- Craniosacral Massage
- iMRS Mini Sessions
- Massage



Stop by The Luminous Café: to attend **FREE** mini-seminars promoting resilience, balance and revitalization. Some topics include:

- Learning to Love the Self
- Transcendental Meditation
- Healing with Colour and Sound
- Finding Balance
- Group Drum Healing

For more information please visit our fabulous Facebook page - Women and Wellness Expo Peterborough

The Women & Wellness Expo is non for profit event that is being sponsored by The Peterborough Domestic Abuse Network www.pdan.ca in collaboration with Survivor`s Give Hope & Seeds of Change with project funding from the Ontario Women`s Directorate.